

# Martin's Kids Club



When children aged 5-12 years old join the free Martin's Kids Club, they will receive a featured produce item chosen just for them, every month. Cashiers at any Martin's checkout can quickly get you signed up today!

## “Work Out” these Words!

Can you unscramble the words below as they relate to health and fitness?

- trewa      water
- cxsrreeei      \_\_\_\_\_
- sftiur      \_\_\_\_\_
- lvebtgesea      \_\_\_\_\_
- hyteahl      \_\_\_\_\_
- oittuinrn      \_\_\_\_\_
- tnvismai      \_\_\_\_\_
- nelamsir      \_\_\_\_\_
- odfo      \_\_\_\_\_
- tfsenis      \_\_\_\_\_